CARE OF YOUR WATCH

*TEMPERATURE

Do not leave your watch under direct sunlight or in very high temperatures for a long time, or the display may become black. Do not leave your watch in very low temperature as this may cause a slight time loss or gain and the change of digits becomes slow. In both cases the above conditions will be corrected when the watch returns to normal temperature.

*SHOCKS

Be careful not to drop your watch or hit it against hard surfaces as it may cause mechanical damages.

*STATIC ELECTRICITY

The integrated circuit in your watch can be affected by static electricity. If the static electricity is very strong a permanent damage can occur. Be careful of the screen of the TV set and the wearing of clothing made of synthetic materials in dry weather; in such cases a very strong static electricity can be generated.

*MAGNETISM

Not affected.

*CHEMICALS

Do not expose your watch to solvents such as gasoline and alcohol, spray of cosmetics, cleaners, paints etc as they may cause damage to the watch.

BATTERY CHANGE

When the display becomes dim or turned off, battery replacement is necessary. We recommend you to go to your dealer or a qualified technician. Replace with Lithium battery CR2032 or equivalent.

TROUBLESHOOTING

If the watch does not function for any reason, contact you dealer for an authorized service center. Do not try to repair it yourself.

www.digisportinstruments.com

BK222
Printed in China

FEATURES

TIME MODE
Displays hour/minute/second (in 12-hour or 24-hour formats)
Month/Date/Day-of-week (with perpetual calendar to year 2035)
Easily toggles between two time zone settings
CHRONOGRAPH MODE
Measure and records lap/split times up to 100 laps.
Alerts user to "Fastest Lap Time." Times in 1/100 second resolution.
Duration up to 24 hours.
CHRONOGRAPH DATA MODE
Storage & recall of recorded data for up to 99 individual runs.
Data includes: Lap/Split times, Date of run, Total run time, Fastest lap, and Average lap.
ALARM MODE Includes two daily alarms.
PACER MODE Sets pace for walking/running/swimming etc via audible beeper.
Adjustable from 10 to 240 counts-per-minute.
OTHER FEATURES Electro-Luminescent backlight (Press S4 to light up).
50 Meters (165 ft.) Water-Resistant.

TIME MODE

- To set TIME: Press S1 to show Time Mode. "TIME" Prompt
  will be displayed for 0.5 second.
- Press and hold S4 for 2 seconds to enter set mode. "ADJUST"
  Prompt and "HOLD" will flash and be displayed for 1 second.
  "Time – 1" will flash. Press S3 to toggle between Time Zone 1
  and Time Zone 2. Press S1 to confirm, and the Hour digits will now flash.
- Press S3 to increase the flashing digits, and S2 to decrease the digits. Hold the button
  for fast scrolling. Press the S1 to confirm & set. Same setting method is applied to
  Minutes, Month, Date & Year (weekday will set itself automatically). While seconds digits
  are flashing, press S2 or S3 to reset seconds to zero.
- Once TIME & DATE are set, the HOURLY CHIME can be set ON or OFF. Press S3 to
  toggle Chime ON/OFF . Press S1 to confirm. The 12H / 24H time display format will
  then flash.
- When setting the 12H/24H time, press S3 to toggle between 12-hour or 24-hour
  display formats. If 24-hour display format is selected, there will be no AM / PM symbols.
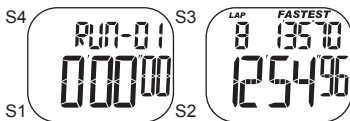 Press S4 to confirm all settings.

CHRONOGRAPH MODE

Measure and records lap/split times up to 100 laps. Alerts user to "Fastest Lap Time." Times in 1/100 second resolution. Duration up to 24 hours.

To enter CHRONO mode, press S1 until "CHRO" is displayed.

To measure time with the chronograph:

- Press S3 key to start timing. The lap/split time display begins with 1/100 seconds, then seconds, then minutes. If the accumulated times in a run proceeds to hours, the elapsed hours appear above the primary display and replace 1/100 seconds in the secondary display.
- The upper row of digits displays the lap/split time, and the lower row of digits displays the accumulated time. The upper top left corner display the current lap number.
- Every time you finish one lap, press the S2 key to record the lap time. That lap time will flash for 2 seconds before showing the next lap's time. When the fastest lap of the run is recorded, the FASTEST icon will flash and a special audio tone will play to indicate you just made the fastest lap.
- To pause the watch, press S3. Prompt "PAUSE" will be displayed and the total elapsed time + current lap will flash. You can either press S2 to resume the timing this event, or press S3 to stop the stopwatch.
- If you want to store the chronograph data, hold the S3 key for 2 seconds, and the prompt "STORE DATA" will appear.
- To clear the data, you can hold the S4 key for 2 seconds to clear the chronograph data memory (the prompt " CLEAR DATA" will flash while you hold the key). Please note that ALL the data inside the Chrono data will be erased, and the display will return to RUN–01.

CHRONOGRAPH DATA MODE

Storage & recall of recorded data for up to 99 individual runs.
Stored Data includes:
Run Number, Date of run, Lap/Split times, Total run time, Fastest lap, and Average lap.
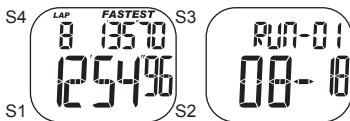
To enter CHRONO DATA mode, press S1 until "CHRO DATA" is displayed.

- To recall the chronograph data, press S2 to browse the no. of Run you want to recall. Press the S3 to enter into the data of the run you select.
- Press the S3 key to browse the data lap by lap. The sequence will be from individual lap time, total elapsed time, best lap time and average lap time.

ALARM MODE

To enter ALARM mode, press S1 until "ALARM" is displayed.

- Toggle between ON/OFF by pressing S3. If the alarm function is "ON", the alarm icon will be shown when in the normal time mode.
- You can also select between 2 different alarm times by pressing S2.
- Press and hold S4 key for 2 seconds to enter set mode. "ADJUST / HOLD" prompt will be displayed for 1 second. The hour digits will flash.
- Press S3 to increase the digit, S2 to decrease the digit. Hold the button for fast scrolling. Press S1 key to confirm and move to Minute adjustment. Adjust minutes up with S3 or down with S2.
- After all adjustments are complete, press S4 to exit set mode.
- The alarm will sound for 30 seconds when the alarm function is "ON". Press any button to stop the alarm sound.

PACER MODE

Sets pace for walking/running/swimming etc via audible beeper.

Adjustable from 10 to 240 beeps-per-minute.

To enter PACER mode, press S1 until "PACER" is displayed.

- The digits indicate the frequency of speed. Press S2 or S3 to toggle the pacer ON/OFF.
- To adjust the pace, press and hold S4 until the digits are flashing. Select the frequency of the speed by pressing S3 to increase the pace, or S2 to decrease the pace. You may choose from this list of pace speeds: 10,20,30,40,60,70,80,100,120,180, 240. Press S4 key to confirm & set.
- Press S2 or S3 to start the pacer. If you choose 100, there will be 100 "Beep" sounds per minute.
- As long as it switched on, pacer will remain functioning during any mode. You can only switch off the pacer function while in pacer mode.